

# youth exchange infopack

## project's journey

### time

08/21 - 09/02  
(including travel days)

### main goal

The aim of the project is to exchange knowledge and skills useful on the way to create and coordinate your own international project.

### participants' age

16 - 25 y.o.

### countries

Poland  
Italy  
Germany

### location

Leba, Pomeranian  
voivodeship, Poland

### organizers



Fundacja  
Projekt  
Spontan

EuroYouth 



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### short description

We believe that transnational cooperation, mutual meetings of different people, representatives of different environments and other cultures is the best way to build an European family, and thus good, sustainable development and increase security.

We are convinced that young people have a special role to play in creating the European project. In the future, not so distant, we will take responsibility for the functioning of our countries, enterprises and communities. In the face of the challenges of the 21st century, the experience of intercultural cooperation, awareness of diversity and knowledge of similarities and differences between our countries will prove invaluable.

As socially active people, we want as many young people in Europe as possible to have the courage to take advantage of the intercultural learning opportunities offered by the Erasmus + program and other initiatives of the European Union.

During exchange, we will meet to find factors that determine whether an international project is good and is a success for its participants. We will share methods that we know and like, and even come up with our own exercises. We will analyze all the way from idea to project and together we will create a guide for other young leaders. In a simple language it will introduce people to the world of Erasmus, making preparing and carrying out project something as simple as baking a cake.

But it is not everything. In addition to developing a guide, during the exchange we will also devote time to develop various skills useful in the life of a youth activist.

Of course, during the meeting there will also be time to learn about the broadly understood culture of all countries (focused on understanding leadership), integration, discussions and joint activities.

### main topics



social media



design thinking



filmmaking



workshops facilitating



photography



project management



public speaking



games and training  
methods



Leba, Poland